

I love my life and so will you



7 steps to loving your life

Worksheet

Take a moment and fill in as simply as you can the following questions. This will help you clear your mind and start the process of call to action that will transform your life!

You are an amazing person!

1- Acknowledge that it is not right: **What is bothering you today?**

2- Accentuate the positive: **What made you succeed before?**

3- Learn your story: **Where does this come from?**

4- Discover your passions: **What excites you about doing this?**

5- Find your tribe: **Where can you find some information?**

6- Let go: **What makes you the perfect person for this?**

7- Reboot and launch: **What can you do right now about it?**